

Resources for People with Diabetes

The world is currently experiencing an unprecedented situation with the outbreak of the coronavirus (COVID-19). While this impacts many people, we know that managing through this time can be particularly challenging for people with diabetes. Below are some resources to help support you and guide your diabetes management during this time.



FREESTYLE LIBRE DIGITAL ECOSYSTEM ►

Allows you to connect to your healthcare team or caregivers, at no cost, keeping you connected even when you can't meet in person.

You can find more information on all three of these digital health solutions by visiting our website.

SCAN

your FreeStyle Libre sensor directly with your **compatible** phone to monitor your glucose readings with the FreeStyle LibreLink[®] app.

SHARE

your glucose data remotely with your healthcare team through LibreView[™] by connecting your account with your healthcare team's clinic account.


CONNECT

with loved ones or caregivers and share your glucose readings real-time with using the LibreLinkUp[™] app.




FREESTYLE LIBRE ACADEMY ►

The FreeStyle Libre Academy consists of 'bite-sized' education modules designed to help you get the most out of your FreeStyle Libre system, equipping you with the skills and knowledge to help better manage your diabetes. This includes how to interpret trend arrows and reviewing glucose reports to identify patterns.



TUTORIAL VIDEOS ►

Our library of 'How To' videos available on our website support you with using the system as well as setting up LibreView and viewing reports.



WEBINARS ►

We have a selection of On Demand Webinars presented by healthcare professionals. These cover topics including Exercise and Diet which you may find helpful during this time as routines are disrupted.

OTHER USEFUL LINKS TO ADDITIONAL RESOURCES YOU MAY FIND HELPFUL: ►	Trend UK: Updated sick-day rules <small>Type 1 diabetes: What to do when you are ill</small>	JDRF <small>Coronavirus (COVID-19) information for people living with Type 1 diabetes</small>
	Trend UK: Updated sick-day rules <small>Type 2 diabetes: What to do when you are ill</small>	Leicester Diabetes Centre <small>Coronavirus (COVID-19) advice for people living with diabetes and healthcare professionals</small>
	Diabetes UK <small>Coronavirus and diabetes</small>	Diabetes Technology Network <small>Flash Glucose Monitoring Education Programme</small>



♦ The FreeStyle LibreLink app and the FreeStyle Libre reader have similar but not identical features. A finger prick test using a blood glucose meter is required during times of rapidly changing glucose levels when interstitial fluid glucose levels may not accurately reflect blood glucose levels or if hypoglycaemia or impending hypoglycaemia is reported by the FreeStyle LibreLink app or when symptoms do not match the app readings. The FreeStyle Libre sensor communicates with the FreeStyle Libre reader that started it or the FreeStyle LibreLink app that started it. A sensor started by the FreeStyle Libre reader will also communicate with the FreeStyle LibreLink app. The FreeStyle LibreLink app is only compatible with certain mobile devices and operating systems. Please check the website for more information about device compatibility before using the app. Use of FreeStyle LibreLink requires registration with LibreView. ¥ LibreLinkUp is compatible with Android and iOS smartphones. Your phone must meet the following requirements: Android OS 6.0 (or higher) or iOS 11 (or higher) and an internet connection. § LibreLinkUp is a mobile application, developed and provided by Newyu, Inc. Use of LibreLinkUp and FreeStyle LibreLink requires registration with LibreView, a service provided by Abbott and Newyu, Inc. The LibreLinkUp mobile app is not intended to be a primary glucose monitor: home users must consult their primary device(s) and consult a healthcare professional before making any medical interpretation and therapy adjustments from the information provided by the app. ¶ LibreView is developed and distributed by Newyu, Inc. ■ The LibreView website is only compatible with certain operating systems and browsers. Please check www.libreview.com for additional information.